

RULEBOOK

These competition rules are issued by:

*Njoya League
Alpacastraat 4
1338 HP Almere*

For more information you can contact:

Website www.njoyaleague.nl

Email info@njoyaleague.nl

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INDEX

CHAPTER 1 - GENERAL

Article 1 - General provisions

Article 2 - Intellectual property

Article 3 - Portrait rights, photos and videos.

Article 4 - AVG data management

CHAPTER 2 - ORGANIZATION OF THE NJOYA LEAGUE

Article 5 - Categories

Article 6 - Opening to international participants

Article 7 - Components

Article 8 - Competition site / Accommodation

Article 9 - Changes before or during the competition

Article 10 - Obligations of the competition organization

CHAPTER 3 - PARTICIPATION

Article 11 - Registration and admission conditions

Article 12 - Cancellation and modification and team composition

Article 13 - Prize ceremony

CHAPTER 4 - PARTICIPANTS

Article 14 - Obligations of participants

Article 15 - Conduct

Article 16 - Protests

CHAPTER 5 - OFFICIALS

Article 17 - General

Article 18 - Representatives

Article 19 - Judges at the events

CHAPTER 1 - GENERAL

Article 1 - General provisions

1. The provisions of these regulations apply to all Njoya League competitions organized by Njoya.
2. Njoya is responsible for drawing up the competition rules for the Njoya League.
3. Everyone who participates in or participates in the Njoya League and those who organize it are expected to know and accept these provisions and are therefore responsible for participation and / or cooperation in and / or organizing the competition.
4. In cases where the rules are not provided during a competition, action must be taken in the spirit of the sport where fair play must always be paramount.
5. In cases where the competition rules do not provide, Njoya decides, if necessary after obtaining sport, substantive, technical and / or legal advice.
6. These competition rules may be amended from time to time under the supervision of Njoya.

Article 2 - Intellectual property

The Njoya League competition is the exclusive property of Njoya, which holds all rights in this regard, including and without limitations, the right to organize, exploit, broadcast and repeat the Njoya League competition. These rights include any form of digital media, both photographic and in the video, recorded within the area where the competition takes place, regardless of the ownership of the equipment used to capture the footage. All personal data of the athletes participating in the Njoya League competition, as well as the data produced by the competition, including the results, are the exclusive property of Njoya.

Article 3 - Portrait rights, photos and, videos.

1. The use of the portrait of participating athletes by the organization of the Njoya League is limited to the use in connection with the promotion, publicity or explanation of the Njoya League (as well as the functions and benefits thereof) as well as for archiving and historical data.
2. Sharing Njoya League photos and / or album are allowed, provided the credits of the photographer are mentioned. The use of photos for commercial purposes is not permitted without contacting the Njoya League.
3. Sharing Njoya League videos is allowed, provided the credits of the videographer are mentioned. The use of video content for commercial purposes is not permitted without contacting the Njoya League.

Article 4 - AVG data management

If you participate in the Njoya League, your data will be included in the customer base of the Njoya League and will adhere to the Data Protection Act and will not provide your data to third parties. The Njoya League respects the privacy of the users of the website and ensures the confidentiality of your personal information. The Njoya League uses a mailing list in some cases. Each mailing contains instructions to remove yourself from this list.

CHAPTER 2 - ORGANIZATION OF THE NJOYA LEAGUE

Article 5 - Categories

1. The competition is a competition for teams.
2. The categories of the Buddy Teams are as follows:
 - a. Female Buddy Team consists of two (2) women;
 - b. Male Buddy Team consists of two (2) men;
 - c. Mix Buddy Team consists of one (1) woman and one (1) man.
3. The composition of the Fantastic 4 is as follows:
 - a. Two (2) ladies; and
 - b. two (2) gentlemen.

Article 6 - Opening to international participants

The Njoya League is also open to participants from countries other than the Netherlands.

Article 7 - Components

1. The competition consists of a minimum of three (3) workouts.
2. All workouts count equally for the final classification.

Article 8 - Competition site / Accommodation

1. The accommodation and / or site where the competition is held must:
 - a. Meet the minimum dimensions and facilities;
 - b. have a floor to be able to practice the relevant part of the competition responsibly;
 - c. have good lighting of the match accommodation.
2. The competition organization is obliged to ensure that unauthorized persons do not have access to the competition area, the jury accommodation, the audit office and other areas involved in the competition.

Article 9 - Changes before or during the competition

1. The competition organization may decide to change or cancel (part of) the competition. Hereby the following provisions must be observed:
 - a. Modification of a part by the competition organization during a competition is only permitted if this modification has the consent of the representative (s) of Njoya.
 - b. In case of bad weather or insufficient condition of the competition site / accommodation on the day (s) of the competition, the competition organization and the officials may decide to suspend and / or cancel (parts of) a competition or the competition (if possible), have it moved. The competition organization is obliged to inform the participants and its officials of this.
 - c. In the absence of participation, a competition can only be canceled if the participants and the officials have been notified of this at least seven (7) days before the start of the competition in question.
2. For previously reported cancellation of the competition must already by the competition organization be refunded.

3. In the event of cancellation of special circumstances over which the Njoya League has no influence (severe weather, calamities, fire on location, etc.), the competition organizer is only allowed to partially refund the registration fee.

Article 10 - Obligations of the competition organization

1. The competition organization must appoint sufficient (authorized) officials for the competition.
2. The competition organization must ensure that medical assistance is available during the competition. There must be a company first-aid worker (s) and / or first aid person (s) present. The competition organization must also ensure that first aid materials are present.
3. The competition organization must ensure that the course is checked by the main jury and course builders before the start of the competition.
4. The competition organization must ensure that the competition results are published digitally and within three (3) working days after the competition.

CHAPTER 3 - PARTICIPATION

Article 11 - Registration and admission conditions

1. A team can register for an event until the closing date for registration has expired.
2. Registration takes place through registration via the official website of the Njoya League (www.njoyaleague.nl) and the purchase of an individual participants ticket per team member via the webshop.
3. A participant must register online via the procedure prescribed by Njoya League, which will be published on the official website, whereby online registrations are binding.
4. The composition per team is as follows:
 - a. Two (2) persons are registered per Buddy Team:**
Female Buddy Team consists of two (2) women
Male Buddy Team consists of two (2) men
Mix Buddy Team consists of one (1) woman and one (1) man
 - b. Four (4) persons are registered per Fantastic 4:**
Fantastic 4 consists of two (2) women and two (2) men
5. The minimum age for participating is sixteen (16) years. However, half a team is at least eighteen (18) years old. The age of sixteen (16) or eighteen (18) years must be reached before the start of the event in question. Participants younger than eighteen (18) years of age must obtain permission from their parent (s), guardian or guardian (s) for the online registration.
6. The participant is responsible for his / her registration.
7. Participants who have purchased a participant ticket and whose participation has been confirmed in writing by Njoya, are entitled to participate in this competition.

Article 12 - Cancellation and change and team composition

1. Participants who have registered for an event but cannot participate in the competition must register as soon as possible, but no later than twenty-four (24) hours before the start of the event, unsubscribe from the organization in writing via email: info@njoyaleague.nl.
2. If a participant cannot participate an event and has deregistered, it is permitted that the participant ticket is transferred to a third party, up to one (1) hour before the start of the event. Transfer of the participant's ticket to a third party is at your own risk.
3. If a Fantastic 4 participant cannot participate and has reported on the event (before or during the competition), it is allowed in special cases that the Fantastic 4 team with three (3) contestants start or continue. Permission must be sought from the organization. If an incomplete team cannot perform the workout as prescribed, a zero score will be given for that particular workout.
4. If a Buddy Team participant fails during the event, it is permitted in special cases for a Buddy Team to continue the competition with a replacement athlete. Permission must be requested from the organization for this. In the new team composition, a zero score will be given for the relevant workout (s).
5. Failure to show up will result in a "DNS (Did Not Start)" and will lead to disqualification of the team. The team is also no longer listed on the participation list.
6. Failure to complete the competition will result in a "DNF (Did Not Finish)", but the team will remain listed

on the entry list.

7. Participants who have canceled or did not show up for an event will not receive a refund of their registration fee.

8. You can choose which category (Fantastic 4 or Buddy Team) you want to end up as a team.

9. The division per team or participant is determined as follows:

a. Teams or participants who participated in the Finals, may participate in the same or a higher division in 2020.

b. Teams or participants who participated in the Master Division Finals, may participate in the Main, Master or Top division in 2020.

c. Participants may only participate in a lower division, provided that 50% of the team has not yet participated in a higher division in the 2018 and/or 2019 Finals.

d. Participants may only participate in a lower division, provided that 50% of the team has not yet participated in one of our events.

e. Teams or participants who have achieved a podium place (top 3), during the 2018 and/or 2019 Finals, will be promoted automatically to a higher division in 2020.

f. These participants may only participate in the same division, provided that 50% of the team has not achieved a podium position (top 3) in this particular division OR has not yet participated in one of our events.

g. If a team registers in a lower division than described above, the organization reserves the right to apply an appropriate penalty / solution.

Article 13 - Award Ceremony

1. The teams will be ranked after each round. After all the laps have been completed and the final ranking has been drawn up, the prize giving will take place.

2. The top three (3) per category will receive a prize from the competition organization.

CHAPTER 4 - PARTICIPANTS

Article 14 - Obligations of participants

1. Participants must be present at the time stated in the program and / or at the time announced per broadcaster in the competition area, at the briefing and / or at the start of the competition.
2. If a contestant appears late for the competition, the contestant may exclude the contestant from the main jury.
3. Participants are obliged to follow the instructions of an official and / or duty officer during a competition.
4. Participation in a competition is at your own risk. Njoya is not liable for injuries and / or other injury or damage that the participants can sustain during or as a result of a competition. Njoya is also not liable for loss of or damage to the property of participants.
5. Each participant must have adequate personal insurance. This insurance must at least cover:
 - a. Any accident that occurs before, during or after the race.
 - b. Any illness that a participant can contract during the competition.
 - c. The liability of a participant during a competition.

Article 15 - Behavior

1. Participants must:
 - a. behave correctly under all circumstances
 - b. treat other participants, officials, volunteers, and spectators politely and with respect
 - c. be responsible for their own safety and the safety of others
 - d. know, understand and follow the competition rules
 - e. adhere to instructions from officials and / or officers on duty
 - f. to notify the Njoya head judge and / or representative upon withdrawal from the competition
 - g. do not leave any clutter or belongings at the venue of other than specially designated places.
 - h. not to withdraw from prize ceremonies insofar as they within the prescribed time limit take place.
2. In general, equipment is permitted that improves safety and / or comfort but does not provide an advantage. The following is permitted: lime / magnesium (is made available by the organization), tape, wrist bands (to support the joint, NOT for grip assistance such as straps), weight lifting belts, hand protection and sleeves (to protect shins, knees or elbows). Masking of material that is made available by the Njoya League organization is not permitted.
3. Unsporting behavior that would harm the organization, athletes, spectators or event sponsors may be reasons for sanction, suspension, disqualification, removal of the event, disqualification of future events or legal action.

Article 16 - Protests

1. Participants who have been awarded a penalty and / or have found score differences have the right to appeal.
2. All protests, appeals, scoring, difference or ruling questions must be submitted to the head jury immediately and before the start of the next workout. The head jury has ultimate authority on all events and protests statements.

CHAPTER 5 - OFFICIALS

Article 17 - General

1. Officials must be appointed by the competition organization.
2. Officials must be recognizable as such during competition and must be dressed correctly.
3. Officials must be present in the competition area at least half an hour before the start of the competition or the workout to be assessed by them.
4. Officials must be granted access to all terrains, buildings and grandstands, if and insofar as these belong to the spaces involved in the competition.
5. Irregularities during competitions must be reported by officials to the main jury, who reports them to the competition organization.
6. Officials are authorized to give participants who misbehave an official warning. They must report this to the head jury with a written statement of the personal data of the participant concerned, of any witnesses and the reasons for the action taken.
7. An official must be objective and mediate in conflicts. When an official (or in the case of the head jury) is a party to a conflict, an office colleague who is must apply the principle of hearing and rebuttal and report this to the competition organization on the report form of the main jury stating his data.

Article 18 - Representatives

1. Njoya is authorized to appoint one or more representatives. This represents her at the competition.
2. The representative may at any time, stating reasons, prohibit a participant from participating or continuing to participate in a competition, excluding him or disqualifying him if (one of) the provisions of these or other regulations are not complied with, the participant behaves inappropriately towards an official or another participant, or if the representative does not consider it justified for safety reasons that a participant (further) participate in the competition.
3. A representative must have a version of the then applicable contest rules with him, which must be able to be consulted by officials during the match.

Article 19 - Judges for the workouts

1. The head judge must have an officially valid CrossFit judge certificate for judging the workouts.
2. The judges for the workouts must have an officially valid CrossFit judge certificate for judging the workouts and / or have demonstrable experience in judging the workouts.
3. The judges judge the performance of the participants according to the rules for the relevant workout.
4. A judge determines the result of the workout round, is responsible for the correct completion of the score form of the reviewed workout and must provide this with his / her name and signature.
5. A judge is allowed to give a verbal warning to the participant. A warning is given at the discretion of a judge. The purpose of a warning is to alert the participant to a possible (unintended) violation of the rules or to suspect that the rules will be violated.
6. A judge is allowed to give a penalty if he or she is of the opinion that the exercise has not been carried

out correctly, that an unfair advantage has been obtained, or that an unsafe situation has been created intentionally.

7. Penalties must be received in a designated zone. When a penalty has been given, the participant must follow the judge instructions. When the penalty is complete, the judge calls 'go' and the participant may continue the competition.

8. A judge does not first have to give a warning before he or she imposes a heavier penalty.

9. Judges are obliged to report violations of a participant to the main jury, who is obliged to investigate the violation and to state this in his / her report to the competition organization.