

**FRIDAY MORNING - PREP / MASTER DIVISION**



TEAM #	MIX BUDDY TEAM - PREP	HEAT	LANE
X12P	Ally's parels	1	2
X13P	De pikkies	1	3
X14P	Deadlifts & Chill	1	4
X15P	KettleBelle and the Beast	1	5
X16P	Newkids Nitro	1	6
X17P	RAF Training.nl	1	7
X18P	Snel en vies	1	8
X22P	Strijders	2	2
X23P	Team MVMNT Error	2	3
X24P	Twice the fun double the trouble	2	4
X25P	Ultimate	2	5

TEAM #	FANTASTIC 4 - PREP	HEAT	LANE
F43P	2 Fit 2 Quit	4	3
F44P	Babysquat	4	4
F45P	No (p) rep	4	5
F46P	Suns out Guns out	4	6
F47P	The Fats & Furrries	4	7

TEAM #	MIX BUDDY TEAM - MASTERS	HEAT	LANE
X26M	D 'n A	2	6
X27M	High Flyers	2	7
X28M	Krak & Mikkig	2	8
X32M	Øns clubje	3	2
X33M	Rage against the rowing machine	3	3
X34M	Rebel	3	4
X35M	Team Gekkenhuis	3	5
X36M	Team RBF	3	6
X37M	Team Sero	3	7
X38M	Team Turtle	3	8
X39M	WOD am I doing?	3	9

**FRIDAY AFTERNOON - PREP / MASTER DIVISION**



TEAM #	WOMEN BUDDY TEAM - PREP	HEAT	LANE
W11P	Baywatch	1	1
W12P	Fabulous Disaster	1	2
W13P	HOEzo?!	1	3
W14P	Holy Fit	1	4
W15P	Momtivation	1	5
W16P	OG-buddys	1	6
W17P	Soester Vardia Knollen	1	7
W18P	Team honderddertien reps	1	8
W19P	Two peas in a WOD	1	9

TEAM #	WOMEN BUDDY TEAM - MASTER	HEAT	LANE
W22M	Sister Squat 2.0	2	2
W23M	Stephanie en Susan	2	3
W24M	Team 2 Bar	2	4
W25M	Team Loempia	2	5
W26M	2 much power	2	6
W27M	Crossfit Den Haag Ladies	2	7
W28M	Kinda Fit Kinda Fluffy	2	8

TEAM #	MALE BUDDY TEAM - PREP	HEAT	LANE
M32P	Buurman & Buurman	3	2
M33P	C2Staring	3	3
M34P	Rugova Valley	3	4
M35P	Team Rustig aan	3	5

TEAM #	MALE BUDDY TEAM - MASTER	HEAT	LANE
M36M	Berzerkers	3	6
M37M	Casanova	3	7
M38M	CF Super Sunday	3	8
M41M	Crossfit Veenendaal Masters	4	1
M42M	Crossfit7kamp	4	2
M43M	DB team	4	3
M44M	De Dwarsliggers	4	4
M45M	Geen Half werk	4	5
M46M	Gym Tonic	4	6
M47M	Loonie2Go	4	7
M48M	Pump up the Bas	4	8
M49M	Woodies	4	9

**SATURDAY MORNING - MAIN / TOP DIVISION**



TEAM #	MIX BUDDY TEAM - MAIN	HEAT	LANE
X11M	Belle and the Bri	1	1
X12M	Dwarse Knots	1	2
X13M	KyanZana	1	3
X14M	Marvellous Nul10	1	4
X15M	Pablo C2B	1	5
X16M	Rick & Loes	1	6
X17M	Ron & Tenisha	1	7
X18M	Take the chance	1	8
X19M	Team Bulk	1	9
X110M	Team Dackel	1	10
X21M	Team Jolie	2	1
X22M	Team Purple	2	2
X23M	Team Vol Gas	2	3
X24M	The fantastic 2	2	4
X25M	The Lions	2	5
X26M	The Shaolin Warriors	2	6
X27M	Trouble Unders	2	7
X28M	WODje MaJo	2	8

TEAM #	MIX BUDDY TEAM - TOP	HEAT	LANE
X29T	Blood, Sweat and Beers	2	9
X210T	Bosman&Bosmama	2	10
X31T	GYM 072	3	1
X32T	Poging 2	3	2

TEAM #	FANTASTIC 4 - MAIN	HEAT	LANE
F33M	Cattro Fromaggi	3	3
F34M	Booty's & Biceps	3	4
F35M	4 Dubbel en Dwars	3	5
F36M	Fantastic 4	3	6
F37M	Four Fighters	3	7
F38M	Guns and Bums	3	8
F39M	Gymzuyd	3	9
F310M	Kinda Fit Kinda Fat	3	10
F41M	Muggle mayhem	4	1
F42M	New Me	4	2
F43M	Ski you later	4	3
F44M	Sledpushies van Zuid	4	4
F45M	TEAM H.O.M.M.	4	5
F46M	The Base	4	6

TEAM #	FANTASTIC 4 - TOP	HEAT	LANE
F47T	Chonkies from the block	4	7
F48T	Fake it till we make it	4	8
F49T	Shots before WODs	4	9
F410T	XXL Nutrition	4	10

**SATURDAY AFTERNOON - MAIN / TOP DIVISION**



TEAM #	WOMEN BUDDY TEAM - MAIN	HEAT	LANE
W11M	Barstreet	1	1
W12M	Can we eat already?	1	2
W13M	Crazy Brunettes	1	3
W14M	Double Trouble	1	4
W15M	Fit & Fast	1	5
W16M	Girls with Power	1	6
W17M	Kiek'n wat't wot	1	7
W18M	Limes Dream Team	1	8
W19M	Ready to crumble	1	9
W21M	Ready to Tumble	2	1
W22M	Rebels with a cause	2	2
W23M	Syl & Cil	2	3
W24M	Team Vagine	2	4
W25M	The little Barbella's	2	5
W26M	Wanne	2	6

TEAM #	WOMEN BUDDY TEAM - TOP	HEAT	LANE
W27T	Bree de Knaap	2	7
W28T	Helemaal naar de Snertverderrie	2	8
W29T	Wijchense buffels	2	9

TEAM #	MALE BUDDY TEAM - MAIN	HEAT	LANE
M31M	Beauty and the Brain	3	1
M32M	Boelie & Sjorrit	3	2
M33M	Bonkies	3	3
M34M	CrossFit 0174	3	4
M35M	CrossFit Kralingen Knights	3	5
M36M	Crossfit Posterus	3	6
M37M	Dadwods	3	7
M38M	Dom Avengers	3	8
M39M	Double Trouble	3	9
M310M	Double Wonders	3	10
M41M	Fitter & Faster	4	1
M42M	Josh	4	2
M43M	Lotto	4	3
M44M	Mindset Heroes	4	4
M45M	Mini & Maxi	4	5
M46M	NAT 20	4	6
M47M	Oh Oh Den Haag	4	7
M48M	Pump-up-the-Bas	4	8
M49M	Team Rum	4	9
M410M	Team Szopa	4	10
M51M	The Giants	5	1
M52M	Thruster the Process	5	2
M53M	WOD's UP?	5	3
M54M	Wodverdomme!	5	4
M55M	Team Noya	5	5

TEAM #	MALE BUDDY TEAM - TOP	HEAT	LANE
M56T	#NTF	5	6
M57T	Must Be On Roids	5	7
M58T	The Skinny Fuckers	5	8
M59T	Unbroken	5	9
M10T	Vondelgym Giants	5	10