



ieu

School for transpersonal
growth and coaching



Mendi Hotel Halkidiki

Stepping Up 2026

**Summer Retreat in Greece
May 1st to May 10th**

*"Our deepest fear is not that we are inadequate. Our
deepest fear is that we are powerful beyond measure.
It is our light, not our darkness
that most frightens us."*

Marianne Williamson

Stepping Up into your True power

'Stepping Up' invites you to look at all the areas in your life where you are living authentically and where you are living fearfully. Through a combination of deepening understanding of the teachings of a ACIM and experiential exercises, you will be guided and encouraged to express the uniqueness and passion of what you are. When we remember this, fear disappears. We all yearn to be authentic; to tell the truth, speak from the heart and take our place in the world being as powerful and magnificent as we really are.

Your special function

'Your special function' is what truly inspires you and makes you authentic. It's the unique reason that you are here. The **first 4 days** of this retreat, in order to remember our function, we meet in a realm beyond good and evil, where we can let go of our masks and fears. We find that *who* we are is subordinate to *what* we are. When we remember *what* we are, our fear to live life full-out melts away.

How is love calling you to action?

Personal and spiritual growth are no longer enough. You also have a mission in the world, certainly in times like ours. In the **second four days** you become clear on what 'love in action' means for *you*, in practical terms. Whether you feel ready or not, your moment to show up and step up is *now*.

Where: Mendi Hotel Halkidiki

(100 km or 60 miles south of Thessaloniki)

When: May 1—May 10, 2026

Trainers: Paul Goudsmit and Jane Tipping

more info: www.icunow.nl