



Gian Institute presents:

Gurdev Nidar Singh teaches

SANATAN SHASTAR VIDIIYA

TRADITIONAL INDIAN BATTELFIELD-ART

Seminar Netherlands 2018

Date: July 7th & July 8th*

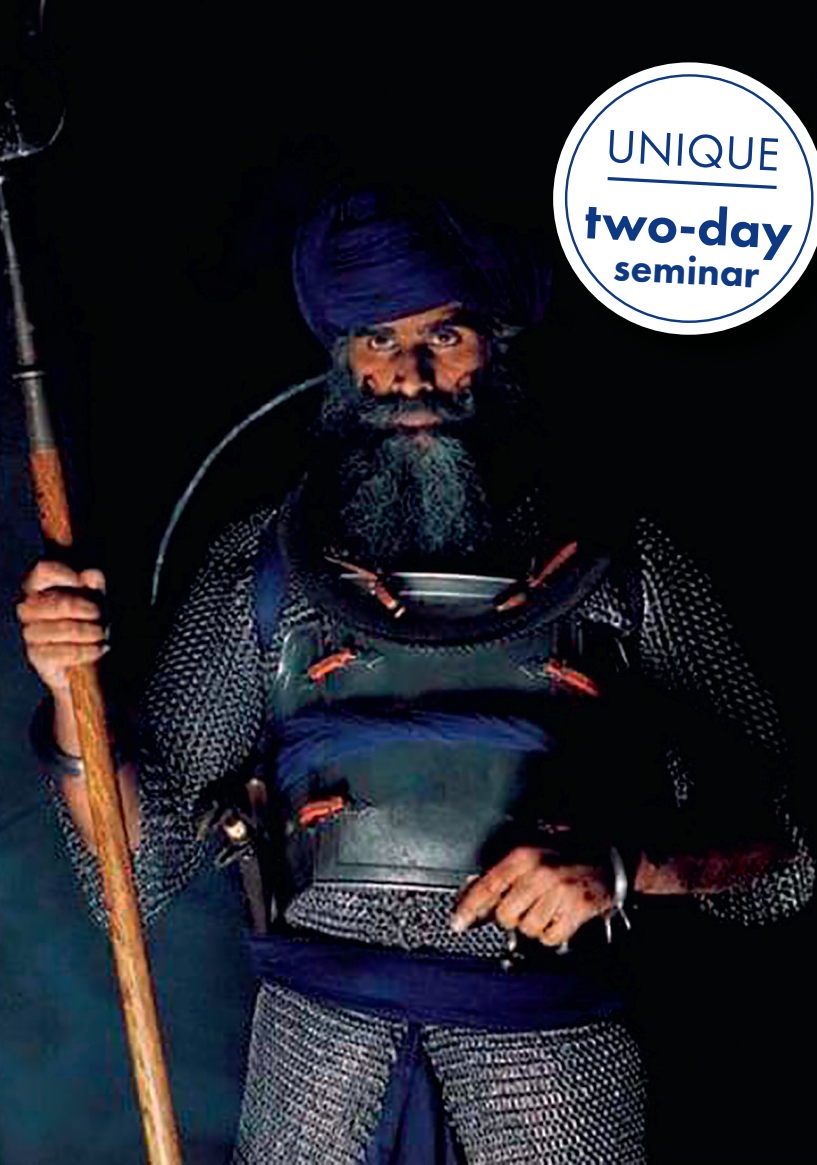
Time: 10.00 - 17.30h

Location: Dopersduin - Schoorl

More information available at

www.gurugian.nl/workshops

* on July 6th from 17.00 till 19.00 a free workshop for kids 6 - 16 years



SANATAN SHASTAR VIDIYA

SEMINAR NETHERLANDS 2018

Spirituality by its self, in a harsh world, leads to a timid character. Strength on its own leads to weakness of character. Being a Yogi or a kshtriya (warrior) alone is not suffice. One needs to be a Raj Yogi; a warrior and Yogi all rolled into one. Gurdev Nidar Singh Nihang a world-renowned master of an ancient Indian battlefield science, Sanatan Shastar Vidiya, will be conducting a two-day seminar on 7-8th July in Amsterdam. The two days will cover:

- a. Martial Yoga Sanjam Kiriya Viriyam kashtriya meditations.
- b. Sava rakhsha (self-defence) and yudha (battlefield combat) tactics and techniques.

Whether you be an experienced martial artist or a novice the Gurdev will cater for all. Come join us for a Raj Yogi experience.

YOUR INVESTMENT

	weekend	1 day
Early bird <i>(Before June 1st)</i>	€200	€110
Normal Price <i>(After June 1st)</i>	€225	€125
Special Price <i>(Unemployed, elderly, students etc.)</i>	€150	€85

Please register early! Limited places.
Max 30 persons.

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GURU GIAN
YOGIC WISDOM