

## IWAO GRAVITY – FULL ENGLISH MANUAL

Thank you for purchasing the IWAO Gravity massage chair.

Please read this manual carefully before use. Keep it for reference.

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### PARTS DIAGRAM

(Refer to original diagram in Danish manual.)

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### FUNCTIONS

The chair includes kneading, tapping, knocking and combination massage.

Automatic shoulder detection adjusts massage height based on your body.

10 automatic programs: Health Recharge, Dream, Vertical Care, Swing Mode,

Full Body Stretch, Neck & Shoulder, Waist Care, Lady Mode, Work Mode, Cyber Mode.

3 memory programs.

Manual modes include position, method, speed, width, foot roller and calf massage.

Full body, upper body and lower body airbag massage with 3 strengths.

Waist heating with infrared warmth.

SL-track provides massage from head to thighs.

Voice control, foot rollers, calf kneading, quick buttons, wireless charging, 7" touchscreen.

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### INSTRUCTIONS

POWER ON: Use the power switch.

POWER OFF: Press ON/OFF to stop all programs. Chair returns to neutral.

AUTO SHUTDOWN: Massage stops automatically when timer ends.

#### MOVING THE CHAIR:

1. Raise backrest.
2. Turn off power and unplug.
3. Tilt front upward and roll rear wheels.
4. Lower slowly.

STANDBY SCREEN: Displays "Enjoy The Healthy Life".

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#### HOME SCREEN (Touchscreen)

Displays remaining time, auto program, menu, memory buttons, speed, heating, airbag status, foot roller speed, position adjustment, zero gravity, pause/play, massage program info, massage method, stretch indicator, width, calf kneading, and Bluetooth connection.

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#### HOW TO USE THE CHAIR

##### 1. AUTOMATIC RECLINE

After starting a massage, the chair reclines and begins shoulder detection.

## 2. SHOULDER DETECTION

A “Didi” beep indicates shoulder height found.

Adjust using UP or DOWN (11 levels).

If no adjustment is made, chair continues with detected height.

If undetectable, chair uses a default shoulder height.

Manual adjustment is available through menu → Position Adjustment.

## 3. PAUSE / RESUME

Press PAUSE to stop current massage.

Press again to continue.

If paused longer than 20 minutes, massage shuts off.

## 4. MENU

Includes: Auto Program, Manual Program, Air Massage, Accessibility,

Position Adjustment, Memory, Settings.

## 5. AUTOMATIC PROGRAMS

Group 1: Health Recharge, Dream, Vertical Care, Swing Mode, Full Body Stretch.

Group 2: Neck & Shoulder, Waist Care, Lady Mode, Work Mode, Cyber Mode.

## 6. MANUAL PROGRAMS

Manipulations: 360° kneading, clockwise kneading, counterclockwise,

upper kneading, lower kneading.

Tapping, knead + tap, shiatsu, knocking.

Areas: full back, upper back, lower back, partial, fixed point.

5 speeds, 3 widths (width only adjustable in tapping/knocking/shiatsu).

## 7. AIRBAG MASSAGE

Full body, upper body, lower body with 3 intensity levels.

## 8. ACCESSIBILITY

Foot roller: 3 speeds.

Calf kneading: 3 speeds.

## 9. MEMORY

Save custom massage settings (M1, M2, M3) including methods, airbag levels, positions, and intensities.

## 10. SETTINGS

LED lights on/off, language selection, timer (10/20/30 minutes), screen brightness, volume control.

## 11. HEATING

Heating zones: full body, upper body, lower body.

## 12. BLUETOOTH

Enable Bluetooth to connect mobile devices and play music.

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## VOICE CONTROL

Activation: "Hi, what's up"

Response: "I am here"

Commands include:

Massage on/off, program changes, recline up/down, sit up, stretch, fixed massage, adjust shoulder height, and stop adjustments.

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#### SHORTCUT BUTTONS

Recline dial wheel (8 levels), pause, auto mode switch, leg rest raise, zero gravity 1, power, heating, manual mode switch, leg rest lower, zero gravity 2.

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#### MAINTENANCE

Use mild cleaning agents.

Do not use corrosive chemicals.

Unplug when cleaning.

Avoid sharp objects.

Keep in dry, ventilated environment.

Avoid heavy impact.

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#### SPECIFICATIONS

Brand: IWAO Gravity

Model: 4D Massage Chair

Voltage: 220–240V, 50/60Hz

Power: 150W

Safety Class: 1

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#### SERVICE & SUPPORT

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