General patient information	© Shoulder Assessment Form www.cy	riax.eu
Date:	Name:	
Address:		
Date of birth:	Sex: m – f	
Referral / diagnostic information:		
Treatment procedure / ana	lysis	
Date first treatment:	Date last treatment:	
Treatment strategy:		
Evolution / treatment adaptation:		
Total number of treatment session	1:	
Results:		

Specific history

What is your main hypermobility – weakn	complaint: pain – p ess	paraesthesia – limita	tion of movement –
PAIN			
When did it start:			
How did it start:			
spontaneously			
overuse			
injury			
describe			
Can you lie on that side: sleeping position			
How can you influence the	e pain; what makes it we	orse or better:	
Evolution since the start:	_		
Evolution Where do you feel the	Start →	Evolution >	Now
pain:		J.	M. A.
	Ma	Ma	Min
Does the pain spread as far as the elbow beyond the elbow			
Pain quality:			
VAS score 0-10			
constant-intermittent			
at rest - at night			
after activity			

PARAESTHESIA		
Where:		
When:		
constant-intermittent at rest- at night		

General history

Description of typical	exertion during	professional o	r leisure activities:
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Off work	Previous trea	tments	
since:	when:		
	what kind	d of treatment:	
	results:		
	results.		
Are there any affected	other joints	Medical imaging fir	ndings :
which:			
Is it the first time you experience this problem:		nce this problem:	Medication :
			Surgery:

Inspection
Special remarks: wasting ?
Deformity: sternoclavicular joint – clavicle – arcromioclavicular joint; left – right
Position of the scapula: caudal/lateral – scapula alata left – right

Basic functional examination

Variables: pain (where and when), ROM (normal, limited, excessive; in what degree), end-feel (normal, muscle spasm, harder) and weakness.

Not painful / limited: Slightly painful / limi		Painful / limit Very painful /		
	Pain	ROM	End-feel	Weakness
Pre-test pain at rest				
A bilateral elevation				
P elevation				
Painful arc				
P glenohumeral abd				
P lateral rotation				
P medial rotation Painful arc + or -				
R abduction				
R adduction				
R lateral rotation				
R medial rotation				
R elbow flexion				
R elbow extension				
Remarks				
what happens on repeated testing?				
Variations in painful arc on elevation?				
Any accessory tests?				

Palpation				
Pain where:	Sensory deficit where:			
Conclusion				
Lesion: local – referred				
Lesion of an inert structure; which one: (any localizing signs?)				
Lesion of a contractile structure; which one: (any localizing signs?)				
DIAGNOSIS:				
Undecided				